

Northwest LA FCA Staff

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FCA Student Leader Training

Thursday, August 16th

BPCC Gym

STRONG >



“I have fought the good fight, I have finished the race, and I have remained faithful.”

2 Timothy 4:7

Come prepared to be encouraged and equipped to lead FCA on your campus, team, and community

Schedule

Meal 6:00PM

Introduction

Ice Breaker

FCA Theme: STRONG

Qualities of a Leadership

Plan and Promote an FCA Huddle

Doing Sports God's Way

Sharing the Gospel

Closing Challenge

Upcoming Dates in Fall of 2018

Wednesday, September 26th	See You at the Pole <i>syatp.com</i>	
Wednesday, October 10th / 17th	Fields of Faith <i>fieldsoffaith.com</i>	
Thursday, November 8th	FCA Rally with Jennie Finch <i>Bossier Civic Center</i>	6:00PM
Monday, December 24th	FCA Independence Bowl Breakfast <i>Shreveport Convention Center</i>	7:30AM

**“Northwest Louisiana FCA”
Facebook Page**



For more information and devotionals go to
nwlafca.org

The Competitor's Creed

I am a Christian first and last.
I am created in the likeness of
God Almighty to bring Him glory.
I am a member of Team Jesus Christ.
I wear the colors of the cross.

I am a Competitor now and forever.
I am made to strive, to strain,
to stretch and to succeed
in the arena of competition.
I am a Christian Competitor
and as such, I face my challenger
with the face of Christ.

I do not trust in myself.
I do not boast in my abilities
or believe in my own strength.
I rely solely on the power of God.
I compete for the pleasure of
my Heavenly Father, the honor of Christ
and the reputation of the Holy Spirit.

My attitude on and off
the field is above reproach –
my conduct beyond criticism.
Whether I am preparing,
practicing or playing;
I submit to God's authority
and those He has put over me.
I respect my coaches, officials,
teammates and competitors
out of respect for the Lord.

My body is the temple of Jesus Christ.
I protect it from within and without.
Nothing enters my body that
does not honor the Living God.
My sweat is an offering to my Master.
My soreness is a sacrifice to my Savior.

I give my all – all of the time.
I do not give up. I do not give in.
I do not give out. I am the Lord's warrior –
a competitor by conviction
and a disciple of determination.
I am confident beyond reason
because my confidence lies in Christ.
The results of my efforts
must result in His glory.

FCA Theme: Strong

Strong: Fight. Finish. Faith.

"I have fought the good fight, I have finished the race, and I have remained faithful."
2 Timothy 4:7

Athletes are conditioned to be strong both physically and mentally. The measure of great athletes shows how much faster, stronger and smarter they are than the opponent. But as Christian competitors, we have the game-changing advantage of being spiritually strong.

We serve a strong God, and we are called to be like Him in every area of our lives. God calls us to be solid in our faith, to fight the good fight with perseverance, and surround ourselves with a firm support system in order to finish strong. With Jesus Christ and His Word transforming us daily, we can be strong 24/7!

Meeting 1: Faith Strong

Key Verse: Romans 10:9

Bible Story: Faith of the Centurion (Luke 7:1-10)

Supporting Verses: Ro. 10:9-11; Ephesians 2:8-10; Hebrews 11:1; John 14:6; Is. 12:2

Meeting 2: Fight Strong

Key Verse: 1 Corinthians 16:13-14

Bible Story: Jesus Prays in the Garden/Arrest of Jesus (Matt. 26)

Key Supporting Verses: 1 Timothy 6:12; James 1:3; 1 Peter 1:7; Ephesians 6:12

Meeting 3: Family Strong

Key Verse: Romans 12:5b

Bible Story: Friends of the Paralyzed Man on the Mat (Mark 2:1-12)

Key Supporting Verses: John 13:34-35; Hebrews 10:24-25; Prov. 27:17; Romans 12:4-5, Mt. 18:20; Ecc. 4:9

Meeting 4: Finish Strong

Key Verse: Philippians 1:6

Bible Story: Jesus at the Cross and those who were there (John 19:25-30)

Key Supporting Verses: John 19:25; 1 Chron. 28:10; Ph. 3:13-14; Acts 20:24; Mt. 25:23; Gal. 2:20; Romans 6:11; Luke 9:23

Sharing the Gospel

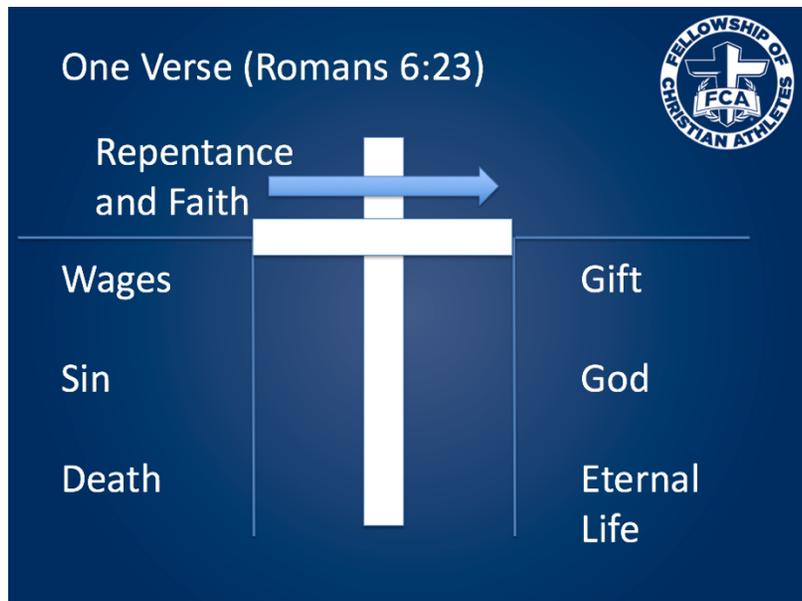
Romans Road

- Romans 3:23
- Romans 5:8
- Romans 6:23
- Romans 10:9-10

More Than Winning

*God's Plan, Man's Problem, God's Substitute,
Man's Response*

Diagram Picture



How to Plan and Promote an FCA Huddle

Steps of an effective FCA Huddle:

Pray → Prepare → Plan →

Promote → Products

Strong Meeting One

(see nwlafca.org for more details)

Title: Faith Strong

Warmup

- Minefield game

Workout

- Romans 10:9
- Luke 7:1-10 Faith of the Centurion
- Ephesians 2:8-10

Wrap Up

- True faith comes from God
- True faith is found in Christ
- True faith makes us strong



4 X 9 Multi-Sport Huddle Planning Sheet

Share — Present Gospel:

- 1.
- 2.
- 3.
- 4.
- 5.

List Presenting Plans

Meeting Date	August: Ministry Purpose	Target Group
1.		
2.		
3.		
4.		
5.		

Seek — Disciple Others :

- 1.
- 2.
- 3.
- 4.
- 5.

List Discipling Plans

Meeting Date	September: Ministry Purpose	Target Group
1.		
2.		
3.		
4.		
5.		

Lead — Reach Out :

- 1.
- 2.
- 3.
- 4.
- 5.

List Reaching Plans

Meeting Date	October: Ministry Purpose	Target Group
1.		
2.		
3.		
4.		
5.		

Love — Fellowship Together :

- 1.
- 2.
- 3.
- 4.
- 5.

List Fellowship Plans

Meeting Date	November: Ministry Purpose	Target Group
1.		
2.		
3.		
4.		
5.		

Ministry Purpose = Share, Seek, Lead, Love
 Target Group = Huddle Members; Athletic Community; Entire Campus

Doing Sports God's Way

Our faith impacts every aspect of our life. Our identity is not in sports, new identity in Christ! (Galatians 2:20)

When you compete, you don't have to put your faith to the side and contradict your faith in order to be the best athlete.

Sports doesn't build our character, it reveals our character. God builds character.

*“compete” → literally means come together.
 “iron sharpens iron”- Proverbs 27:17*

Christ is the ultimate example, look to the cross.

What motivated him? Love.

*In order to be your best, you must have strong motivation (why).
 The strongest motivation is love. Stronger than fear or hate.*

Christ's love should motivate us! Only God's love moves us from fear to freedom. The freedom to utilize all your God-given talents for His glory!

Playing our sport is an act of worship! Don't worship the sport, worship God in your sport!